

Preparing for Your Meeting

Get the appointment. Visualize performing the part. OSCAR speech....

Get the material (sides). Make friends with the casting assistants.

Be a Detective – Find out all you can about the show and the part:

Watch show and know the characters and play style.

Know directors of films and their styles.

Read the whole script.

Read all other sides.

Read the Breakdown.

Read the whole page, all notes, even things marked out.

Ask and Answer (pose 2-3 different answers to each following question:

Who am I?

What's my relationship to other characters? To the place? To the plot?

What's the atmosphere? (Where I am & what's happening in the air).

What do I want? (I want to...)

Why do I want to...? What will that give me that I don't have now?

How will I feel when I have it? If I don't get it? (Usually, I will die!)

When am I winning (getting closer to my need)? When am I losing?

How is the scene different in the beginning than in the end (Polarity)?

What are the major emotional sensations in the scene?

What type of person am I? (Cop, wife, doctor, street, hood, collegiate, parent).

Label sides with atmosphere. Try scene with just the atmosphere. Try it 2 ways.

GESTURIZE your objective and make it physical:

Try scene with large physical gestures.

Try different gestures.

Change where you win or lose. Identify where you are most desperate.

Add sensation to the gesture (pulling seductively, shoving vindictively).

Add archetype (cop shoves or cheers or pulls different from a parent)

After practicing actual physical gesture, do lines again imagining the gesture (veil it).

Try different gestures, sensations and atmospheres. Practice combinations, picking the ones you like best.

Try whole scene moving as if you were filming (staging) it, doing normal business.

Practice whole meeting, standing and sitting, substituting suggestions for real action. Imagine you are doing the full action (veil it).

Practice your personality meeting, engaging, transforming, connecting, reading, sustaining, disengaging, closing, and sunshine exiting.

Memorize first and last lines (not whole scene). Read the audition as if you are reading, even if you know the whole scene.

Mark and highlight sides with your lines and atmosphere and gesture choices.

Visualize, with full emotions, your whole meeting, traveling, enter outer office, enter inner office, exit to outer office, booking the job, shooting the movie and getting your OSCAR! Remember, the world needs you to do what you love and were born to do.

Above all, maintain your EASE!

CREATE RELATIONSHIPS BASED ON TRUST AND LIKEABILITY
REMEMBER: BEAUTY EASE ENTIRETY FORM

Chart for Inspired Meetings

This chart, developed by Lisa Dalton, is used in Michael Chekhov training programs to show actors a powerful new way to approach auditions. It can just as easily be used for other important "auditions in life." A verbal description for this chart is being developed.