

# *NMCA, Inc.*

*National Michael Chekhov Association*



## **Deeper By Demand!**

Delve more deeply into Psychological Gesture and Atmosphere

**Save \$150 with Early Enrollment by May 1<sup>st</sup>!**

Save \$250 on the 12-Day CTI + DBD Combo with Early Enrollment.

Yes it's time! Folks have asked for more and NMCA is now offering a 5-day extension to the Chekhov Training Intensive. This special training, following our 7-day Summer Intensive Training which encompasses the Chart for Inspired Action. This program focuses on aspects of Concentration, Atmospheres, and Psychological Gestures. It will draw upon slower-paced, more intuitive and imaginative exercises.

Additionally, we will introduce Steiner's 6 Speech Gestures and Eurythmy, elements that were part of Chekhov's Conservatory Training in Dartington and Ridgefield, CT.

Mr. Chekhov loved creating original theatre through the realm of timeless stories. So, we will devise a work-in-progress presentation of improv pieces. We will play with how to use SynthAnalysis™ for devising performances.

### DBD Details:

- In-depth explorations will awaken Concentration, Imagination, Radiation, Ease and more. Many exercises Mr. Chekhov developed in Russia and Eastern Europe never traveled westward for a variety of reasons. For some they were too subtle, too intangible, and too "mystical". They are fun and fascinating games that invite us to trust our images and our abilities to radiate them.
- Primary focus from faculty will be on personal development of participants that can be a model for performance training, self-development and life coaching. We are enrolling only 12 participants to insure strong personal attention.
- You will be introduced to Rudolf Steiner's Eurythmy and its applications to characterization. Just imagine even more ways to build characterization and find jewelry or bring yourself to greater balance.
- We will practice Steiner's 6 Speech Gestures and additional voice exercises adding even more to our treasure chest of tools for expression.
- We want to encourage our colleagues to evolve and expand Mr. Chekhov's work, possibly merging it with other pedagogies or perhaps crafting your own games, improvisations and exploring new ideas.
- Our Ensemble will develop a devised piece based on improvs that Chekhov used with his students at Dartington Hall and Ridgefield for a work-in-progress sharing. Learn how to use SynthAnalysis and Reversal of Rehearsal as a working process for devised pieces.
- Teachers will gain more exercises for advanced courses they are teaching.
- Actors will gain more experience in story-driven improvisation and characterization.
- Directors will gain more insight into ensemble building and creative works.
- Participants must have completed at least one Chekhov Training Intensive because the process will build upon the knowledge, terminology, anagrams and skills developed there.
- Deeper By Demand does not meet any certification requirements at this time.

- No additional preparation is required. Optionally, once enrolled, participants may request reading and viewing recommendations for advance study or exposure to some topics to be addressed.
- Housing on NMSU Campus is arranged through NMCA. Housing fees are separate from course fees and run about \$35/night.
- Food is available within walking distance of the course and is the responsibility of the participant.

There are several schedule options:

- **The 12-Day Event:** Take the CTI and continue from the 6 or 7 Day Actor/Teacher Program: Arrive Saturday before CTI and depart the following Saturday after DBD.
- **The 5-Day Event:** Take DBD alone. Attend for 5 days, arrive on Sunday and depart Saturday.
- **The 7-Day Event:** Take the 5 day DBD but arrive Friday, attend the Works-in-Progress presentation on Friday night, participate in “Teacher Day” on Saturday, and see Las Cruces and the mountains on Sunday. Then start DBD on Monday and depart Saturday.

There are various discounts for these combination events, so check the website for more information.